

January 2022

Breakfast Menu Subject to Change

****Half pint of milk served with all Meals**

3	4	5 Portuguese Sausage Steamed Brown Rice Fresh Fruit Pineapple chunks	6 Pancakes Fruit Cocktail Craisins	7 Breakfast Pizza Fresh Fruit Apple Chips
10 Fruited Muffin w/ Turkey Ham Grape Juice Sliced Peaches	11 Plain Bagel w/ Cream Cheese Fresh Fruit Diced Pears	12 Country Gravy Pizza Pineapple chunks Craisins	13 Chicken Sausage Patty Steamed Brown Rice Fruit cocktail Fruit Punch	14 Cereal w/ Toast Applesauce Fresh Fruit
17 <i>Martin Luther King Day</i>	18 Cheese Stuffed Sticks Fruit Punch Marinara Sauce	19 Belgian Waffle Fresh Fruit Fruit Cocktail	20 Portuguese Sausage Steamed Brown Rice Apple Sauce Craisins	21 Cereal w/ toast Sliced Peaches Grape Juice
24 French Toast Sticks Power Punch juice Pineapple Chunks	25 Breaded Chicken Patty Steamed Brown Rice Craisins Sliced Peaches	26 Cereal W/ Toast Diced Pears Fresh Fruit	27 Pizza Bagel Fruit Cocktail Grape Juice	28 Coffee Cake w/ Turkey Ham Fresh Fruit Apple chips
31 Portuguese Sausage Steamed Brown Rice Fresh Fruit Pineapple chunks				

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Lunch Menu Subject to Change

****Half pint of milk served with all Meals**

		5 Mac and Cheese Asian Slaw Baby Carrots Baked Beans Fresh Fruit Sliced Peaches WG Roll	6 Breaded chicken Tenders Steamed Rice Steamed Carrots Steamed Edamame Apple chips Mixed Fruit	7 Pepperoni Pizza Green Salad Veggie Sticks Fruit Punch Fresh Fruit
10 Cheese Bites Veggie Sticks Marinara Sauce Concord Grape Juice Fresh Fruit	11 Spaghetti W/ Meat sauce Green Salad Edamame Applesauce Sliced Peaches WG Roll	12 Chicken Mozzarella Sandwich Emoticon Potatoes Fresh Fruit Mixed Fruit	13 Beef Patty with Gravy Steamed Rice Steamed Corn Sliced Peaches Pine Chunks WG Roll	14 Asian Baked Chicken Steamed Rice Green Salad Baby Carrots Celery Cran & Razz Juice Fresh Fruit WG Roll
17 Martin Luther King Day	18 Cheese Pizza Green Salad Baby Carrots Craisins Fresh Fruit	19 Creole Mac Coleslaw Steamed Corn Steamed Edamame Fresh Fruit Mixed Fruit WG Roll	20 Roast Pork w/ Gravy Steamed Rice Steamed Broccoli Steamed Carrots Strawberry Kiwi Juice Fresh Fruit WG Roll	21 Hot Dog w/ WG Bun Tater Tots Baby Carrots Veggie Sticks Pineapple Chunks Diced Pears
24 Tasty Tenders Steamed Rice Tossed Salad Veggie Sticks Apple Sauce Pineapple chunks WG Roll	25 Tuna sandwich w/ Tomato Soup Lettuce and Tomato Edamame Slushy Fresh Fruit	26 Beef Chili Nachos Steamed Broccoli Steamed Corn Grape Juice Mixed Fruit	27 Cheese Burger Tater Tots Coleslaw Baked Beans Mixed Fruit Fresh Fruit	28 Kalua Pig w/ Cabbage Steamed Brown Rice Lomi tomato Pineapple chunks Sliced Peaches WG Roll
31 Mac and Cheese Asian Slaw Baby Carrots Baked Beans Fresh Fruit Sliced Peaches WG Roll				